

Comprehensive Counselling Services



OPEN ENDED GROUP COUNSELLING
FOR MEN, WOMEN AND COUPLES
WHO HAVE A HISTORY OF **DOMESTIC
VIOLENCE.**

A pilot project designed and facilitated
by;
Janet Wagar, MSW, RSW
Janie Christensen, MSW, RSW

EXPLORING SOLUTIONS COUNSELLING SERVICES

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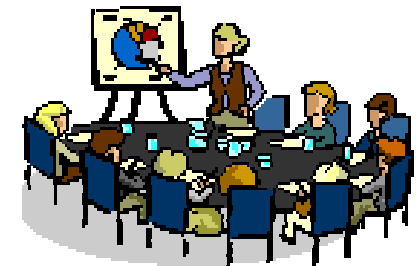
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EXPLORING SOLUTIONS COUNSELLING SERVICES

DOMESTIC VIOLENCE COUNSELLING
FOR MEN, WOMEN AND COUPLES



“Short-term Counselling Exploring
Long-term Solutions”

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A GROUP COUNSELLING APPROACH TAILORED FOR CLIENTS OF CHILD AND FAMILY SERVICES



Comprehensive counselling for couples, families who have experienced domestic abuse.

This unique approach provides **domestic abuse counselling** for those clients specifically from child protection services and

****ongoing Risk Assessment** with recognition that risk is dynamic and changing.

****screening** for those couples most appropriate for a skills based and supportive approach to change

****pre and post assessments**

WHO: Men, women/couples referred by Child and Family Services

WHERE: Child and Family Services, Hunterhorn Office 576-64th Ave. N.E

WHEN: October 5th, 2011

TIME: Wednesday's - 6:30pm-8:30pm for 14 weeks

Key concepts:

****Home visits;** individual counselling and groups to

****Assess needs and progress** regularly

****Access for both men and women** to the same skill based concepts

****Geographical accessibility**

****Flexibility to meet the** changing needs of clients

****Recognition that couples** choose to continue relationships



Group and In-home sessions

Addressing key areas of change:

****reducing or eliminating** domestic abuse

****money management and** budgeting

****parenting**

****healthy communication** and healthy relationships

****anger and stress** management

****impact on children** of witnessing abuse

****linking to community** resources

TO MAKE A REFERRAL:

FILL OUT THE REFERRAL FORM LOCATED ON WEBSITE:

www.exploringsolutionscounselling.com

OR PRINT AND FAX TO:

Janet Wagar 403-270-8789

or for more information call either

Janet Wagar 403-606-4493

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